

# Tableau des allergènes Libre-service

Dernière mise à jour le 30/06/2026

*Nous mettons en œuvre toutes les précautions nécessaires afin de limiter les risques de contaminations croisées d'allergènes dans nos cuisines.*

*Toutefois, la présence accidentelle d'allergènes ne peut être totalement exclue.*

***N'hésitez pas à solliciter notre équipe pour toute question ou besoin d'information complémentaire.***

# Tableau des allergènes

|                                      |  |  |  |                |  |  |  |  |  |  |  |  |  |  |
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|                                      | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| ASUKA - 41 pièces                    |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| BIÈRE ASAHI                          |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BIÈRE SINGHA                         |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BIÈRE TSINGTAO                       |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BOEUF AUX OIGNONS + RIZ SAUTE 400 g  |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| BOEUF BASILIC THÁÏ + RIZ 400 g       |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| BOULE COCO x2                        |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |
| BROCHETTES BOEUF FROMAGE X3          |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| BROCHETTES POULET SATE X3            | ●                                                                                 |                                                                                   |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| BROCHETTES POULET TERIYAKI SESAME X3 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| BROCHETTES TSUKUNE BOULE X3          |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| BUBBLE TEA GRENADE PASSION           |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BUBBLE TEA MANGUE PASSION            |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BUBBLE TEA PECHE LITCHI              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| BUTTER CHICKEN + RIZ 440 g           | T                                                                                 | T                                                                                 |                                                                                   | ●              | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   |
| CAFE DECAFEINE - Nespresso           |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| CAFE ESPRESSO - Nespresso            |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| CAFE LUNGO - Nespresso               |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

# Tableau des allergènes

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|----------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                              | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| CAKE AU THÉ VERT                             |                                                                                   |                                                                                   |                                                                                   | ●              | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |
| CALIFORNIA CREVETTES TEMPURA<br>AVOCAT X8    |                                                                                   |                                                                                   | ●                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| CALIFORNIA POULET OIGNONS FRITS X8           |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| CALIFORNIA SAUMON AVOCAT OIGNONS<br>FRITS X8 |                                                                                   |                                                                                   | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| CALIFORNIA SAUMON AVOCAT X8                  |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| CALIFORNIA SAUMON CHEESE HERBES X8           |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| CALIFORNIA THON CUIT AVOCAT X8               |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| CALIFORNIA VEGE CHEESE CHIA HERBES<br>X8     |                                                                                   | T                                                                                 | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| CHEESECAKE JAPONAIS CHOCOLAT                 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| CHEESECAKE JAPONAIS MATCHA                   |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |
| CHEESECAKE JAPONAIS ORIGINAL                 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |
| CHILI PEANUTS                                | ●                                                                                 |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| CHIPS CREVETTES                              |                                                                                   |                                                                                   | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| CHIRASHI SAUMON                              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| CHIRASHI SAUMON THON                         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| COCA COLA                                    |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| COCA COLA SANS SUCRES                        |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| COOKIE MATCHA CHOCOLAT BLANC                 |                                                                                   |                                                                                   |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     |

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|                                               | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| COUPE D'ANANAS                                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| COUPE D'ANANAS ET MELON                       |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| COUPE DE FRAISES ET MELON                     |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| COUPE DE MELON                                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| CREVETTES ANANAS + NOUILLES DE BLÉ 400 g      |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| CREVETTES BASILIC THÁÏ + RIZ 400 g            |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| CREVETTES CURRY ROUGE + NOUILLES DE BLÉ 500 g | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| CRISPY EDAMAME                                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| DAIFUKU x2                                    |                                                                                   |                                                                                   |                                                                                   | T              | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| DAN DAN MIAN 400 g                            | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| DORAYAKI                                      |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| FORTUNE COOKIE                                |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| FROMAGE BLANC ANKO                            |                                                                                   | T                                                                                 |                                                                                   | ●              | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| FUJI - 14 pièces                              |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| FUTOCALI SAUMON X6                            | T                                                                                 | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| FUTOCALI THON SPICY X6                        | T                                                                                 | T                                                                                 | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |                                                                                     |
| GAENG DAENG GYOZAS POULET & CREVETTES         | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| GYOZA CREVETTES X6                            |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |

# Tableau des allergènes

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|                              | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| GYOZA LEGUMES X6             |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| GYOZA POULET X6              |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| HARUKA - 41 pièces           |                                                                                   |                                                                                   | ●                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| HIKARI - 41 pièces           |                                                                                   | T                                                                                 | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   |
| HOSHI - 12 pièces            |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| INFUSION MENTHE - Nespresso  |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| ITSUKI - 44 pièces           |                                                                                   | T                                                                                 | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| JOMO GRENADE LITCHI          |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| JOMO MENTHE CITRON           |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| JOMO PASSION CITRON VERT     |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| JOMO PECHE HIBISCUS          |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| KAMPAI - 15 pièces           |                                                                                   | T                                                                                 | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| KAORI - 10 pièces            |                                                                                   | T                                                                                 | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| KAZU - 12 pièces             |                                                                                   | T                                                                                 | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| KHAO SOI CREVETTES           | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| KHAO SOI POULET              | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| LEGUMES SAUTES               |                                                                                   | ●                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| LEMONAID CITRON VERT         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| LEMONAID FRUIT DE LA PASSION |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

# Tableau des allergènes

|                                    |  Présence |  Traces |  |  |  |  |  |  |  |  |  |  |  |  |
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|                                    | Arachides                                                                                  | Céleri                                                                                   | Crustacés                                                                         | Fruits à coque                                                                    | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| LEMONAID GINGER                    |                                                                                            |                                                                                          |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| MAKI AVOCAT CHEESE X8              |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| MAKI AVOCAT X8                     |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| MAKI CHEESE X8                     |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| MAKI CONCOMBRE X8                  |                                                                                            | T                                                                                        | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| MAKI POULET SATE X8                | ●                                                                                          | T                                                                                        | T                                                                                 | T                                                                                 | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| MAKI SAUMON AVOCAT X8              |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| MAKI SAUMON CHEESE X8              |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| MAKI SAUMON X8                     |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| MAKI THON CUIT CONCOMBRE X8        |                                                                                            | T                                                                                        | T                                                                                 |                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| MAKI THON X8                       |                                                                                            |                                                                                          | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| MAKI WAKAME X8                     |                                                                                            | T                                                                                        | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |
| MIZUKI - 20 pièces                 |                                                                                            | T                                                                                        | T                                                                                 |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| MOCHI CREMEUX CHOCOLAT x2          | T                                                                                          |                                                                                          |                                                                                   | T                                                                                 | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI CREMEUX FRAMBOISE LITCHI x2  | T                                                                                          |                                                                                          |                                                                                   | T                                                                                 | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI CREMEUX MANGUE PASSION x2    | T                                                                                          |                                                                                          |                                                                                   | T                                                                                 | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI GLACÉ COCO COEUR ANANAS      |                                                                                            |                                                                                          |                                                                                   | T                                                                                 |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI GLACÉ FRAMBOISE COEUR CITRON |                                                                                            |                                                                                          |                                                                                   | T                                                                                 |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI GLACÉ MANGUE PASSION         |                                                                                            |                                                                                          |                                                                                   | T                                                                                 |                                                                                     | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |

# Tableau des allergènes

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|                                    | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| MOCHI GLACÉ PRALINE COEUR CHOCOLAT |                                                                                   |                                                                                   |                                                                                   | ●              |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     |
| MOCHI GLACÉ SAKURA                 |                                                                                   |                                                                                   |                                                                                   | T              |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| MOCHI GLACÉ VANILLE                |                                                                                   |                                                                                   |                                                                                   | T              |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     |
| NAAN                               |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| NEM CREVETTES x4                   |                                                                                   | T                                                                                 | ●                                                                                 |                | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| NEM LEGUMES x4                     |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| NEM PORC x4                        |                                                                                   | T                                                                                 | T                                                                                 |                | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |
| NEM POULET x4                      |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| NIKKO - 19 pièces                  |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| NORI - 19 pièces                   |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| NOUGAT MOELLEUX AUX CACAHUETES x9  | ●                                                                                 |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |
| NOUILLES SAUTEES                   |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| ONIGIRI AVOCAT CHEESE CHIA         |                                                                                   |                                                                                   | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| ONIGIRI BOEUF GOCHUJANG            |                                                                                   |                                                                                   | T                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| ONIGIRI SAUMON AVOCAT              |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| PAD THAI CREVETTES 440 g           | ●                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| PAD THAI POULET 440 g              | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| *PETIT POKE FALAFEL QUINOA 355 g*  | T                                                                                 | T                                                                                 |                                                                                   | ●              | ●                                                                                   | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| *PETIT POKE POULET SATE RIZ 365 g* | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |

# Tableau des allergènes

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|                                              | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| *PETIT POKE SAUMON QUINOA 370 g*             | T                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| *PETIT POKE SAUMON RIZ 350 g*                | T                                                                                 | T                                                                                 |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| *PETIT POKE TOFU QUINOA 330 g*               | T                                                                                 | T                                                                                 |                                                                                   | ●              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| POULET ANANAS + NOUILLES DE BLÉ 400 g        |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| POULET ANANAS + RIZ SAUTE 400 g              |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| POULET BASILIC THAÏ + NOUILLES DE BLE 400 g  |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| POULET CITRONNELLE + RIZ SAUTE 400 g         | T                                                                                 | T                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   |
| POULET CURRY JAUNE + NOUILLES DE BLÉ 500 g   | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| POULET NOIX DE CAJOU + NOUILLES DE BLÉ 400 g |                                                                                   | T                                                                                 |                                                                                   | ●              | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| POULET SATÉ + RIZ 425G                       | ●                                                                                 |                                                                                   |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| POULET SAUCE PIQUANTE + RIZ SAUTE 400 g      | T                                                                                 | T                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   |
| POULET TIKKA MASALA + RIZ 440 g              | T                                                                                 | T                                                                                 |                                                                                   | ●              | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   |
| PUDDING CHIA FRUITS ROUGES                   |                                                                                   |                                                                                   |                                                                                   |                | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| PUDDING CHIA MANGUE COCO                     |                                                                                   |                                                                                   |                                                                                   |                | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| RECEVOIR - BOEUF BASILIC THAI                |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RECEVOIR - BOULES COCO X8                    |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |
| RECEVOIR - CREVETTES BASILIC THAI            |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |

# Tableau des allergènes

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|                                        | Arachides                                                                                  | Céleri                                                                                   | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| RECEVOIR - CREVETTES CURRY ROUGE       | T                                                                                          | T                                                                                        | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| RECEVOIR - LEGUMES SAUTES              |                                                                                            | ●                                                                                        |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| RECEVOIR - NEMS CREVETTES              |                                                                                            | T                                                                                        | ●                                                                                 |                | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| RECEVOIR - NEMS LEGUMES                |                                                                                            | T                                                                                        | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| RECEVOIR - NEMS PORC                   |                                                                                            | T                                                                                        | T                                                                                 |                | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |
| RECEVOIR - NEMS POULET                 |                                                                                            | T                                                                                        | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| RECEVOIR - NOUILLES SAUTES AUX LEGUMES |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| RECEVOIR - PAD THAI CREVETTES          | ●                                                                                          | T                                                                                        | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| RECEVOIR - PAD THAI POULET             | ●                                                                                          | T                                                                                        |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| RECEVOIR - POKE SAUMON                 |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| RECEVOIR - POKE SAUMON & THON          |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| RECEVOIR - POULET ANANAS               |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RECEVOIR - POULET BASILIC THAI         |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RECEVOIR - POULET CURRY JAUNE          | T                                                                                          | T                                                                                        | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| RECEVOIR - POULET NOIX DE CAJOU        |                                                                                            | T                                                                                        |                                                                                   | ●              | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RECEVOIR - POULET SATE                 | ●                                                                                          |                                                                                          |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| RECEVOIR - RIZ NATURE                  |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| RECEVOIR - RIZ SAUTE                   |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RECEVOIR - SALADE D'ALGUES WAKAME      |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |

# Tableau des allergènes

|                                 |  Présence |  Traces |  |                |  |  |  |  |  |  |  |  |  |  |
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|                                 | Arachides                                                                                  | Céleri                                                                                   | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| RECEVOIR - SALADE DE CHOU       |                                                                                            | T                                                                                        |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| RECEVOIR - SALADE DE FRUITS     |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| RECEVOIR - SOUPE MISO           |                                                                                            | ●                                                                                        |                                                                                   |                | T                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| RIZ AU LAIT CHOCO COCO          | T                                                                                          |                                                                                          |                                                                                   | ●              | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   |
| RIZ NATURE                      |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| RIZ SAUTE                       |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| ROLL SAUMON AVOCAT CHEESE X8    |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| ROLL SAUMON CHEESE X8           |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| ROLL TATAKI SAUMON CHEESE X8    |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| ROULEAUX DE PRINTEMPS CREVETTES | ●                                                                                          | T                                                                                        | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| ROULEAUX DE PRINTEMPS POULET    |                                                                                            | T                                                                                        |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SALADE D'ALGUES WAKAMÉ          |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |
| SALADE DE CHOU                  |                                                                                            | T                                                                                        |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| SALADE DE FRUITS                |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| SAMOUSSAS LEGUMES X2            |                                                                                            |                                                                                          |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SAMOUSSAS POULET X2             |                                                                                            |                                                                                          |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |
| SAN PELLEGRINO                  |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| SASHIMI SAUMON                  |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SASHIMI SAUMON SESAME           |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |

# Tableau des allergènes

|                                        |  |  |  |                |  |  |  |  |  |  |  |  |  |  |
|----------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                        | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| SASHIMI THON SESAME                    |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |
| SAUCE SOJA SALEE 150 ml                |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SAUCE SOJA SALEE SANS GLUTEN 150 ml    |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SAUCE SOJA SUCRÉE 150ml                |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| SAUCE SOJA YUZU 150ml                  |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SAUMON TERIYAKI + LEGUMES SAUTES + RIZ |                                                                                   | ●                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| SNOW CHEESE X8                         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| SNOW SAUMON CHEESE X8                  |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SOUPE KHAO SOI                         | T                                                                                 | T                                                                                 | ●                                                                                 | T              | T                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | T                                                                                   |
| SOUPE MISO                             |                                                                                   | ●                                                                                 |                                                                                   |                | T                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SOUPE TOM KHA                          | T                                                                                 | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| SOUPE TOM YUM                          |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| SPRING CRUDITES X8                     |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| SPRING SAUMON AVOCAT X8                |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SPRING SAUMON CHEESE CHIA X8           |                                                                                   | T                                                                                 |                                                                                   |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| SPRING SAUMON CHEESE X8                |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SPRING THON CUIT CHOU ROUGE X8         |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SUSHI SAUMON LAQUE EPICE X4            |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| SUSHI SAUMON LAQUE EPICE x6            |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |

# Tableau des allergènes

|                                      |  |  |  |                |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                      | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| SUSHI SAUMON THON LAQUES TERIYAKI x4 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| SUSHI SAUMON THON LAQUES TERIYAKI x6 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| SUSHI SAUMON THON X4                 |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SUSHI SAUMON THON x6                 |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SUSHI SAUMON X4                      |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| SUSHI SAUMON x6                      |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| TAIKO - 20 pièces                    |                                                                                   | T                                                                                 | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| TAKAO - 20 pièces                    |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| TANTAN RAMEN                         | T                                                                                 |                                                                                   | T                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| TARTARE DORADE MANGUE AVOCAT         |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| TARTARE SAUMON CITRONNELLE AVOCAT    |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| TARTARE SAUMON MANGUE AVOCAT         |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| TARTARE THON CITRONNELLE AVOCAT      |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |
| TATAKI THON                          |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| THE NOIR EARL GREY - Nespresso       |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| THE VERT - Nespresso                 |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| TOM KHA CREVETTES                    | T                                                                                 | T                                                                                 | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| TOM KHA POULET                       | T                                                                                 | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | T                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |

# Tableau des allergènes

|                            |  Présence |  Traces |  |                |  |  |  |  |  |  |  |  |  |  |
|----------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                            | Arachides                                                                                  | Céleri                                                                                   | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| TOM YUM CREVETTES          | ●                                                                                          | T                                                                                        | ●                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| TOM YUM POULET             | ●                                                                                          | T                                                                                        | T                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| VIN BLANC - A LA BOUTEILLE |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| VIN ROSE - A LA BOUTEILLE  |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| VIN ROUGE - A LA BOUTEILLE |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| VITTEL                     |                                                                                            |                                                                                          |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| WASABI PEANUTS             | ●                                                                                          |                                                                                          |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| YUKI - 10 pièces           |                                                                                            |                                                                                          | ●                                                                                 |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |
| YUMI - 15 pièces           |                                                                                            | T                                                                                        | T                                                                                 |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   |

# Tableau des allergènes Comptoir

Dernière mise à jour le 29/05/2026

*Nous mettons en œuvre toutes les précautions nécessaires afin de limiter les risques de contaminations croisées d'allergènes dans nos cuisines.*

*Toutefois, la présence accidentelle d'allergènes ne peut être totalement exclue.*

***N'hésitez pas à solliciter notre équipe pour toute question ou besoin d'information complémentaire.***

# Tableau des allergènes

|                                               |  |  |  |                |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| ● Présence                                    | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| T Traces                                      |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| DAN DAN MIAN                                  | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| THEORIQUE - BANH MI BOEUF                     | T                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| THEORIQUE - BANH MI CREVETTES                 | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - BANH MI POULET                    | T                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| THEORIQUE - BANH MI TOFU                      | T                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| THEORIQUE - BIBIMBAP CLASSIQUE BOEUF HACHE    |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| THEORIQUE - BIBIMBAP CLASSIQUE CREVETTES      |                                                                                   | T                                                                                 | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| THEORIQUE - BIBIMBAP CLASSIQUE LEGUMES        |                                                                                   | ●                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| THEORIQUE - BIBIMBAP CLASSIQUE POULET A L'AIL |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| THEORIQUE - BIBIMBAP CLASSIQUE TOFU SOUFFLE   |                                                                                   | ●                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| THEORIQUE - BO BUN                            | ●                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - KHAO SOI CLASSIQUE CREVETTES      | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - KHAO SOI CLASSIQUE OEUF AJITAMA   | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - KHAO SOI CLASSIQUE POULET         | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| THEORIQUE - KHAO SOI CLASSIQUE TOFU SOUFFLE   | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| THEORIQUE - PAD THAI CLASSIQUE                | ●                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |

# Tableau des allergènes

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|---------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                             | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| CREVETTES                                   |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| THEORIQUE - PAD THAI CLASSIQUE POULET       | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| THEORIQUE - PAD THAI CLASSIQUE TOFU SOUFFLE | ●                                                                                 | T                                                                                 |                                                                                   | T              | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |
| THEORIQUE TANTAN RAMEN - CLASSIQUE          | T                                                                                 |                                                                                   | T                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - TOM YUM CLASSIQUE CREVETTES     | ●                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - TOM YUM CLASSIQUE OEUF AJITAMA  | ●                                                                                 | T                                                                                 | T                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| THEORIQUE - TOM YUM CLASSIQUE POULET        | ●                                                                                 | T                                                                                 | T                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| THEORIQUE - TOM YUM CLASSIQUE TOFU SOUFFLE  | ●                                                                                 | T                                                                                 | T                                                                                 | T              | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | T                                                                                   |
| THEORIQUE - YAM WOON SEN                    | ●                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   |

# Tableau des allergènes

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| ● Présence                                    |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| T Traces                                      | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| theorique - PORTION BASE NOUILLES DE BLE      |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |                                                                                     |
| theorique - PORTION BASE NOUILLES POUR SOUPE  |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE QUINOA               |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE RIZ THAI             |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE RIZ VINAIGRE         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE SALADE               |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE VERMICELLES BOBUN    |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION BASE VERMICELLES PAD THAI |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT ANANAS              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT AVOCAT              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| theorique - PORTION FRUIT CITRON VERT         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT FIGUE               |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT FRAISE              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT GRENADE             |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT KIWI                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT MANGUE              |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION FRUIT MELON               |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

# Tableau des allergènes

|                                            |  Présence |  Traces |  Arachides |  Céleri |  Crustacés | Fruits à coque |  Gluten |  Lait |  Lupin |  Mollusques |  Moutarde |  Oeufs |  Poissons |  Sésame |  Soja |  Sulfites |
|--------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| theorique - PORTION GRAINE ALGUE NORI      |                                                                                          |                                                                                        |                                                                                             | T                                                                                        |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE AMANDE          |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             | ●              | T                                                                                          |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              | T                                                                                          | T                                                                                        |                                                                                              |
| theorique - PORTION GRAINE CACAHUETES      | ●                                                                                        |                                                                                        |                                                                                             |                                                                                          |                                                                                             | T              | T                                                                                          | T                                                                                        |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            | T                                                                                        | T                                                                                            |
| theorique - PORTION GRAINE COURGE          |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE LIN             |                                                                                          |                                                                                        | T                                                                                           |                                                                                          |                                                                                             | T              |                                                                                            |                                                                                          |                                                                                           |                                                                                                | T                                                                                            |                                                                                           |                                                                                              | T                                                                                          |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE NOISETTES       |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             | ●              |                                                                                            | T                                                                                        |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE NOIX DE CAJOU   |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             | ●              |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE OIGNONS FRITS   |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                | ●                                                                                          |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE RAISINS SECS    |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE SESAME          |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              | ●                                                                                          |                                                                                          |                                                                                              |
| theorique - PORTION GRAINE TOURNESOL       |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION HERBE CIBOULETTE       |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION HERBE CORIANDRE        |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION HERBE MENTHE           |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION LEGUME ASPERGES SESAME |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              | ●                                                                                          |                                                                                          |                                                                                              |
| theorique - PORTION LEGUME BAMBOU          |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |
| theorique - PORTION LEGUME BROCOLI         |                                                                                          |                                                                                        |                                                                                             |                                                                                          |                                                                                             |                |                                                                                            |                                                                                          |                                                                                           |                                                                                                |                                                                                              |                                                                                           |                                                                                              |                                                                                            |                                                                                          |                                                                                              |

# Tableau des allergènes

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|                                                        | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| theorique - PORTION LEGUME CAROTTES                    |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME CHAMPIGNONS                 |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME CHOU BLANC                  |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME CHOU CHINOIS                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME CHOU ROUGE                  |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME CONCOMBRE                   |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME COURGETTE                   |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME EDAMAME                     |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION LEGUME EPINARD                     |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME FROMAGE FRAIS AVOCAT MENTHE |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| theorique - PORTION LEGUME GINGEMBRE                   |                                                                                   |                                                                                   | T                                                                                 |                |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |
| theorique - PORTION LEGUME HOUMOUS                     |                                                                                   |                                                                                   |                                                                                   |                | T                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | ●                                                                                   |
| theorique - PORTION LEGUME MAÏS                        |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME OIGNONS ROUGES              |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME PICKLES RADIS DAIKON        |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME POIVRONS ROUGES             |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

# Tableau des allergènes

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|                                                              | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| theorique - PORTION LEGUME POUSSSES DE SOJA                  |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME PUREE DE BETTERAVE                |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| theorique - PORTION LEGUME RADIS                             |                                                                                   | T                                                                                 |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME TOMATE CERISE                     |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION LEGUME WAKAME                            |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |
| theorique - PORTION PROTEINE BOEUF BASILIC THAI              |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE BOEUF HACHE A L'AIL             |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE CREVETTES                       |                                                                                   |                                                                                   | ●                                                                                 |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| theorique - PORTION PROTEINE DORADE                          |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION PROTEINE FALAFEL                         |                                                                                   | T                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     | T                                                                                   |                                                                                     | T                                                                                   | T                                                                                   |                                                                                     | T                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE NEM                             |                                                                                   | T                                                                                 | T                                                                                 |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE OEUF AJITAMA                    |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| theorique - PORTION PROTEINE POULET A L'AIL                  |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE POULET SATE                     |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION PROTEINE SAUMON MARINE SAUCE SOJA SUCREE |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | ●                                                                                   | ●                                                                                   |
| theorique - PORTION PROTEINE SAUMON                          |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |

# Tableau des allergènes

|                                                 |  |  |  | Fruits à coque |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                                 | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         |                | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| NATURE                                          |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION PROTEINE TOFU               |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE BASILIC THAI WOK      |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE CITRON HUILE D'OLIVE  |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |
| theorique - PORTION SAUCE CURRY JAUNE WOK       | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| theorique - PORTION SAUCE CURRY ROUGE WOK       | T                                                                                 | T                                                                                 | ●                                                                                 | T              | ●                                                                                   | T                                                                                   |                                                                                     | ●                                                                                   | T                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   | ●                                                                                   | T                                                                                   |
| theorique - PORTION SAUCE MANGO TERIYAKI        |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE MOUTARDE MIEL         |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION SAUCE NEM                   |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| theorique - PORTION SAUCE PONZU                 |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE SOJA PIMENTEE WOK     |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE SOJA SALÉE SÉSAME     |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE SOJA SUCRÉE VINAIGRÉE |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| theorique - PORTION SAUCE SOJA VEGE WOK         |                                                                                   | ●                                                                                 |                                                                                   |                | ●                                                                                   | T                                                                                   |                                                                                     |                                                                                     |                                                                                     | T                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   |
| theorique - PORTION SAUCE SOJA WOK              |                                                                                   |                                                                                   |                                                                                   |                | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |
| theorique - PORTION SAUCE SRIRACHA              | T                                                                                 |                                                                                   |                                                                                   |                | T                                                                                   | ●                                                                                   |                                                                                     |                                                                                     | ●                                                                                   | ●                                                                                   | T                                                                                   | T                                                                                   | T                                                                                   |                                                                                     |

# Tableau des allergènes

|                                |  |  |  |                |  |  |  |  |  |  |  |  |  |  |
|--------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                | Arachides                                                                         | Céleri                                                                            | Crustacés                                                                         | Fruits à coque | Gluten                                                                              | Lait                                                                                | Lupin                                                                               | Mollusques                                                                          | Moutarde                                                                            | Oeufs                                                                               | Poissons                                                                            | Sésame                                                                              | Soja                                                                                | Sulfites                                                                            |
| theorique - PORTION SAUCE THAI |                                                                                   |                                                                                   |                                                                                   |                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | ●                                                                                   |                                                                                     |                                                                                     |                                                                                     |